

Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Abdominal Aortic Aneurysm		\$0 copay	For planned preventive services that become diagnostic during
Screening			the screening, cost sharing may apply.
Acupuncture - Medicare Covered		20% coinsurance	Medicare criteria must be met.
for Chronic Back Pain			• Up to 12 visits in 90 days.
			8 additional sessions will be covered if improvement is
			demonstrated from the initial 12 visits
			No more than 20 visits in a calendar year.
Alternative Medicine:* 2023 name		0% coinsurance	New limit: 12 visit limit which is a combination of visits from
change to Health and Well Being,			Acupuncturists, Naturopaths and Chiropractor visits not
Acupuncture and Naturopathy,			covered by Medicare. Massage therapy is not covered. X-rays
Non-Medicare Chiropractor			performed by Chiropractor are not covered.
AIR Ambulance (Non-emergency)		\$325.00 copay one way	Covered, provided Medicare criteria are met.
Ambulance, Ground and Air		\$325.00 copay one way	Covered, including air ambulance, provided Medicare criteria
(Emergency)			are met.
Ambulance, ground (Non-		\$325.00 copay one way	Covered, provided Medicare criteria are met.
Emergency)			
Anesthesiologist (Anesthesia)		20% coinsurance	For professional services.
Annual Wellness Visit/AWV (Also,		\$0 copay	All Medicare members who are no longer within 12 months
see Welcome to Medicare			after the effective date of their first Medicare Part B coverage
Preventive Visit)			period and who have not received a Welcome to Medicare Visit
·			(AWV or Initial Preventive Physical Exam/IPPE) within the past
			12 months
Bone mass measurement (Bone		\$0 copay	For planned preventive services that become diagnostic during
Density)			the screening, cost sharing may apply. CMS limitations apply,
			every 2 years; or more frequently if medically necessary.



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Breast cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(mammograms, mammography)			the screening, cost sharing may apply.
			One baseline mammogram between the ages of 35 and 39
			One screening mammogram every 12 months for age 40 and
			older
			Clinical breast exams once every 24 months
Cardiac rehabilitation services	See Prior Authorization List and	20% Coinsurance	Medicare covers 2 sessions per day (1 hour each), up to 36
	Procedure Code Look Up Tool.		sessions.
Cardiovascular disease risk		\$0 copay	For planned preventive services that become diagnostic during
reduction visit			the screening, cost sharing may apply.
Cardiovascular disease testing		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Cervical and vaginal cancer		\$0 copay	For planned preventive services that become diagnostic during
screening (Pap tests, pelvic exams)			the screening, cost sharing may apply.
			• All women: Every 24 months
			High risk of cervical cancer or abnormal pap: Every 12 months
Chiropractic services, Medicare	See Prior Authorization List and	\$15.00 copay	Only manual manipulation to correct subluxation. Massage
covered	Procedure Code Look Up Tool.		therapy not covered. Per CMS x-rays billed by a chiropractor are
			not covered. X-rays are covered if performed by Radiologist.
			Also See supplemental benefit Health and Wellbeing.
Clinical Trials	See Prior Authorization List and		
	Procedure Code Look Up Tool.		



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Colorectal cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(Colonoscopy, Sigmoidoscopy)			the screening, cost sharing may apply.
			For age 50 and older:
			• Sigmoidoscopy every 48 months
			• Fecal occult blood test, every 12 months
			For at high risk of colon cancer:
			• Screening colonoscopy every 24 months
			Not at high risk of colon cancer:
			• Screening colonoscopy every 10 years (120 months) but not
			within 48 months (2 years) of a screening sigmoidoscopy.
Cosmetic surgery or procedures	See Prior Authorization List and		Only covered because of an accidental injury or to improve a
(Partial Exclusion)	Procedure Code Look Up Tool.		malformed part of the body. All stages of reconstruction are
			covered for a breast after a mastectomy, as well as for the
			unaffected breast to produce a symmetrical appearance.
Custodial Care (Exclusion)	Not Covered	Not Covered	Custodial care is personal care that does not require the
			continuing attention of trained medical or paramedical
			personnel, such as care that helps with activities of daily living,
			such as bathing or dressing. Custodial care is not medically
			necessary.
Dental Services (Medical Services,	See Prior Authorization List and	See specific medical	Covered services limited to surgery of the jaw or related
Not Routine Dental)	Procedure Code Look Up Tool.		structures, setting fractures of the jaw or facial bones,
		and coinsurance.	extraction of teeth to prepare the jaw for radiation treatments
			of neoplastic cancer disease, or services that would be covered
			when provided by a physician. Submit claims to CHPW.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Dental Services (Supplemental	Referral not required for	Cost share is anything over	Unlimited preventive (cleaning, etc.) with \$500.00
Routine Preventive and	supplemental dental services.	\$500.00 comprehensive	comprehensive services max. Must see Delta Dental In-Network
Comprehensive)		benefit maximum. Must	Provider. Submit claims to Delta Dental.
		see Delta Dental In-	
		Network Provider. Submit	
		claims to Delta Dental.	
Depression screening		\$0 copay	For planned preventive services that become diagnostic during
Depression sereciming		у сори у	the screening, cost sharing may apply.
Diabetes screening		\$0 copay	For planned preventive services that become diagnostic during
		,	the screening, cost sharing may apply.
Diabetes self-management	See Prior Authorization List and	\$0 cost share	No cost share:
training, diabetic services and	Procedure Code Look Up Tool.	Self management training	Blood glucose monitor
diabetes supplies (DME)	•	requires a referral.	Blood glucose strips
,		'	• Lancet devices
			Glucose-control solutions for checking accuracy of strips and
			monitor
			One pair of diabetic shoes per calendar year
			• 2 sets of shoe inserts (orthotics) covered per calendar year
			(diabetic)
Durable medical equipment (DME)	See Prior Authorization List and	20% Coinsurance	Covered, provided Medicare criteria are met. DME includes,
and related supplies	Procedure Code Look Up Tool.		wheelchairs, hospital beds, walkers,oxygen. *When primary
			diagnosis is COPD the coinsurance is zero.
Emergency care (Emergency		\$100.00 (facility) copay for	\$100.00 copayment waived if admitted as inpatient within the
Room, ER)		ER visit	same hospital within 24 hrs.
Emergency care (ER Physician		0% coinsurance	
Service)			



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Emergency care: Supplemental		20% Coinsurance	\$25,000.00 Maximum - ER coinsurance is not waived if admitted
World Wide - Facility and			to hospital. Amount paid does NOT count toward your
Professional Services			maximum-out-of-pocket (MOOP) amount.
Enteral Feedings, Tube Feedings	See Prior Authorization List and	20% Coinsurance	
(Infusion Therapy, DME)	Procedure Code Look Up Tool.		
Enteral Formula (Infusion Therapy, DME)	See Prior Authorization List and Procedure Code Look Up Tool.	20% Coinsurance	
Eye exam - Medicare Covered (medical vision disease)		*\$40.00 copay	Exams to diagnose diseases and conditions of the eye covered by Medicare. *When the primary diagnosis is diabetes for a retinal exam and the exam is performed by an endocrinologist or ophthalmologist, the copay is zero. If provider is not participating, then plan approved referral is required. Submit claims to CHPW.
Eye exam - Routine Vision (VSP Advantage)		In network \$0 copay	Through VSP - One WellVision exam every year. Members must use the VSP Advantage Network for in-network benefits. Out of network - \$45.00 is allowed toward the cost of the exam. Submit claims to VSP
Eye Wear - Medicare covered (Post Cataract Vision Surgery)		20% Coinsurance	Covered, provided Medicare criteria are met. One pair of eyeglasses or contact lenses includes insertion of an intraocular lens after each surgery. Submit claims to CHPW.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Eye Wear - Prescription Contacts,		•Available every 2 years.	Members must use the VSP Choice Network for in-network
frames, vision lenses, upgrades		• In VSP Choice network	benefits. Out of network - Any amount over the out of network
(VSP Choice)		● Erame or contact lenses	annual allowance is patient responsibility. Submit claims to VSP
		instead of glasses -	• Frame, \$70 allowed toward costs.
		\$150.00 every year	• Contact lenses (in lieu of lenses and frame) \$105.
		allowed toward cost.	• Single vision Lenses - up to \$30
		• In VSP Choice network -	• Lined bifocal - up to \$50
		Lenses (for glasses) - \$0	• Lined trifocal - up to \$65
		copay for the following	• Lenticular - up to \$100
		lenses:	• Progressive - up to \$50
		o Single Vision	
		o Lined bifocal	
		o Lined trifocal	
		o Lenticular	
		• Lens enhancements not	
		included in the \$0 copay.	
		Lens enhancements are	
		member's responsibility.	
		Average 30% savings on	
		lens and enhancements.	
Eye and Vision Services Not		Not Covered. See	Radial keratotomy not covered
Covered by Medicare (Exclusions)		Additional Information	LASIK surgery not covered
,,			Vision Therapy not covered
			Low Vision Aids not covered
Genetic Testing Not Related to	See Prior Authorization List and	20% Coinsurance	
Pregnancy	Procedure Code Look Up Tool.		



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Hearing exam (Medicare covered		\$20.00 copay	Covered, provided Medicare criteria are met. Routine hearing
to diagnose and treat specific			exams, hearing aids, and hearing aid fittings are not covered by
diseases and conditions-)			Medicare.
Hearing exam (Routine not	Not Covered	Not Covered	Not Covered
covered by Medicare) Exclusion			
Hearing services (hearing aid	Not Covered	Not Covered	Not Covered
fittings, hearing aids) Exclusion			
HIV screening		\$0 copay	For planned preventive services that become diagnostic during
Home health agency care	Required for Home Health	\$0 coinsurance	20% coinsurance for durable medical equipment (DME) still
	Services. Services related to the		applies when related to Home Health services.
	Home Health care may also		
	require prior authorization, for		
	example medication, enteral		
	nutrition. Review Prior		
	Authorization list for related		
	services.		
Homemaker Services (Exclusion)	Not Covered	Not Covered	Services include basic household assistance, light housekeeping
			or light meal preparation.
Hospice care (inpatient and home)	No.		You pay nothing for hospice care from a Medicare certified
			hospice. You may have to pay part of the cost for drugs and
			respite care. Hospice is covered outside of our plan.
Hyperbaric oxygen treatment	Yes	20% Coinsurance	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Immunizations		\$0 Coinsurance	Covered:
			- pneumonia
			- influenza (flu shot)
			- Hepatitis B
			- COVID-19
			- Other vaccines if at risk and meet Original Medicare Part B
			coverage rules
			*Shingles vaccine (Zostavax) is covered under pharmacy - Part D
			Benefit*
Infusion Therapy, Home Infusion	Not Required for Infusion	20% coinsurance	Not Required for Infusion Therapy Services. Services related to
Therapy	Therapy Services. Services		the Infusion Therapy care may require prior authorization, for
	related to the Infusion Therapy		example medication, enteral nutrition. Review Prior
	care may require prior		Authorization list for related services.
	authorization, for example		
	medication, enteral nutrition.		
	Review Prior Authorization list		
	for related services.		
Injections, Injectable drugs	See Prior Authorization List and	20% Coinsurance	Covered, provided Medicare criteria are met. Includes
(Prescription drugs Medicare Part	Procedure Code Look Up Tool.		chemotherapy related drugs, drugs related to home dialysis,
B medical benefits)			B12, etc.
Inpatient hospital Blood (including		No Blood Deductible	Coverage begins with the first pint of blood needed. Includes
inpatient skilled nursing		0% coinsurance	storage and administration. The patient is responsible for any
facility/SNF)			other applicable coinsurance amounts.
Outpatient Blood		No Blood Deductible	Coverage begins with the fourth pint of blood needed.
		0% coinsurance	Coverage of storage and administration begins with the first
			pint of blood needed. The patient is responsible for any other
			applicable coinsurance amounts.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Inpatient hospital (acute) care	See Prior Authorization List and	Days:	All admissions, planned and urgent, require notification within
	Procedure Code Look Up Tool.	1-4 - \$500.00 per day	24 hrs. or next business day. Each time a member is admitted
		5-90 - \$0 per day	for a new inpatient stay the copay will apply.
		Over 90 Days \$0	
		224 2 1	
Inpatient Professional Services		20% Coinsurance	
	See Prior Authorization List and	Days:	All admissions, planned and urgent, require notification within
health, psychiatric, psychiatrist	Procedure Code Look Up Tool.	1-10 - \$175.00 per day	24 hrs. or next business day. Each time a member is admitted
care		11-90 - \$0 per day	for a new inpatient stay the copay will apply. Not psychiatric
		Lifetime reserve days = 60-	hospital, same cost shares as acute care.Plan covers 90 days for
		\$0	an inpatient stay. 190-day lifetime limitation in a psychiatric
			facility. This limitation does not apply to inpatient psychiatric
			services furnished in a general hospital.
Inpatient rehabilitation services	See Prior Authorization List and	Days:	All admissions, planned and urgent, require notification within
(physical, speech, occupational	Procedure Code Look Up Tool.	1-4 - \$500.00 per day	24 hrs. or next business day. Each time a member is admitted
therapies)		5-90 - \$0 per day	for a new inpatient stay the copay will apply. Same cost shares
		Over 90 Days \$0	as acute care.
Inpatient services covered during		20% coinsurance	Covered, provided Medicare criteria are met.
a non-covered inpatient stay			
Inpatient substance abuse (SUD)	See Prior Authorization List and	Days:	All admissions, planned and urgent, require notification within
	Procedure Code Look Up Tool.	1-4 - \$500.00 per day	24 hrs. or next business day. Same cost shares as acute care.
		5-90 - \$0 per day	
		Over 90 - \$0 per day	
Kidney disease and conditions	NO. Effective 01/01/2016	20% coinsurance	
(Hemodialysis, Dialysis, End Stage	Notification is required.		
Renal Disease/ESRD)			
Kidney disease education (on	No.	0% cost share	Medicare covers 6 sessions of kidney disease education per
dialysis)			lifetime per Medicare.
Mastectomy related bras and	If over \$500.00	20% cost share	
supplies (DME)			



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Meal, Meals Benefit		0% cost share	Meals can be delivered to the home upon discharge from a
(Supplemental)			hospital or skilled nursing facility. 2 meals per day up to 14 days
			after discharge, up to 6 occurrences per year. Meals to dine
			with members that are inpatient are not covered.
Medical nutrition therapy	No	0% cost share	Education for people with diabetes, kidney disease (patient not
education			on dialysis) post kidney transplant. 3 hrs. for first year. 2 hrs.
			each year after the first year.
Nurse Advice Line		0% cost share	24 hour nurse hotline available: 1-866-418-1002 or TTY 1-866-
			418-1006
Obesity screening and obesity		0% cost share	Covered, provided Medicare criteria are met, e.g., body mass
(counseling) therapy			index (BMI) of 30 or more, etc.
Organ (Living) Donation	See Prior Authorization List and	20% coinsurance	All admissions, planned and urgent, require notification within
(Transplant)	Procedure Code Look Up Tool.		24 hrs. or next business day.
Orthotics (Supportive Devices for	Only covered for diabetic foot	\$0 cost share	SEE Diabetes self-management training, diabetic services and
feet)	disease.		diabetes supplies (DME)
			• 2 sets of shoe inserts (orthotics) covered per calendar year
	Prior auth required for orthotics		only for diabetic foot disease.
	(shoe inserts) greater than		
	\$500.00.		
Outpatient diagnostic tests and	See Prior Authorization List and	0% Medicare covered lab	
therapeutic services (lab,	Procedure Code Look Up Tool.	\$15 copay x-ray outpatient	
radiology, x-ray)		facility fee does not	
		include scans (CT, MRI,	
		PET, etc.) Does not include	
		professional fees.	
		20% Other diagnostic	
		procedures (includes	
		scans)	



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Outpatient hospital services,	See Prior Authorization List and	\$325.00 copay outpatient	
includes Observation	Procedure Code Look Up Tool.	facility fee maximum.	
		Does not include	
		professional services.	
Outpatient mental health		\$30.00 copay	Copay the same for group therapy. Must be Medicare eligible provider. Per CMS, some 'counselors' are not eligible to
			perform services for Medicare and Medicare Advantage
			members.
Outpatient psychiatrist care		\$30.00 copay	Copay the same for group therapy.
Outpatient rehabilitation services	Prior authorization required	\$30.00 copay for therapy	12 visits allowed for each type of therapy. 12 PT, 12 OT and 12
(physical (PT), speech (ST),	after initial 12 visits.	services	ST. Prior Authorization is required for additional visits after the
occupational therapy (OT))			initial 12 visits. Evaluation and reevaluation is separate from
		\$30.00 copay and or 20%	the 12 visits.
		facility fees for other	
		additional services when	
		performed in a facility.	
Outpatient substance abuse	See Prior Authorization List and	20% coinsurance	Opioid Treatment Services, to allow codes G2067 through
services	Procedure Code Look Up Tool.		G2080, the provider must be certified with SAMSAH and
			enrolled with Medicare.
Outpatient surgery, ambulatory	See Prior Authorization List and	\$325.00 copay for ASC	
surgical centers (ASC)	Procedure Code Look Up Tool.	facility fees.	
Over the Counter (OTC)	Not Covered	Not Covered	
medication/pharmacy	livot covered	itot covereu	
Partial hospitalization service		20% coinsurance	Must be Medicare eligible provider. Per CMS, some 'counselors'
(intensive outpatient mental		20/0 Combandice	are not eligible to perform services for Medicare and Medicare
health services)			
nearin services)			Advantage members.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Physician/Practitioner/PCP		\$0 copay for PCP E & M	
services, including doctor's office		service	
visits		20% coinsurance for all	
		other services	
Physical Exam, See Welcome to		See Welcome to Medicare	See Welcome to Medicare Preventive Visit and Annual Wellness
Medicare Preventive Visit and		Preventive Visit and	Visit
Annual Wellness Visit		Annual Wellness Visit	
Podiatry Services (Foot Care)		No copay \$0.00	4 visits each year - Not limited to Medicare covered diagnosis
When Not Covered by Medicare		0% Coinsurance	codes. NEW, when the primary care is Diabetes an additional 4
(Supplemental Benefit)			visits each year for a total of 8 Non-Medicare covered visits.
			The specialist copay does not apply to podiatrists for these
			services.
Podiatry Services (Foot Care)		No copay \$0.00	Limited to Medicare covered diagnosis codes.
Medical Medicare Covered		0% Coinsurance	The specialist copay does not apply to podiatrists for these services.
Prescription drugs Medicare Part B	See Prior Authorization List and	20% coinsurance	Includes chemotherapy related drugs, drugs related to home
medical benefits (injectable	Procedure Code Look Up Tool.		dialysis, etc.
drugs, injections)			
Prescription drugs Medicare Part		Pharmacy RX covered	Over the counter (OTC) not covered
D pharmacy benefit (drug list,			
formulary)			
Primary Care Physician (PCP)		\$0 copay for evaluation	
		and management (E & M)	
		service	
		20% coinsurance for all	
		other services	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Prostate cancer screening exams (PSA)		\$0 copay	For planned preventive services that become diagnostic during the screening, cost sharing may apply. For men over age 50: Every 12 months: Digital rectal exam Every 12 months PSA test
Prosthetic devices and related supplies (DME)	See Prior Authorization List and Procedure Code Look Up Tool.	20% coinsurance	
Pulmonary rehabilitation services	See Prior Authorization List and Procedure Code Look Up Tool.	20% coinsurance	Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and a referral for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.
Screening and counseling to reduce alcohol misuse		\$0 copay	For planned preventive services that become diagnostic during the screening, cost sharing may apply.
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs		\$0 copay	For planned preventive services that become diagnostic during the screening, cost sharing may apply.
Shoes, Diabetic- SEE Diabetes self- management training, diabetic services and diabetes supplies (DME)			
Shoes, Orthopedic/Prosthetic with Braces (DME)	See Prior Authorization List and Procedure Code Look Up Tool.	20% coinsurance	Limited coverage. Prosthetic/Orthopedic Shoes that are part of a leg brace are covered and included in the cost of the leg brace.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Skilled nursing inpatient facility	See Prior Authorization List and	Days:	No (zero) acute inpatient hospital days required prior to SNF
(SNF) care (Part A)	Procedure Code Look Up Tool.	1-20 - \$ 00.00 per day	admission. Custodial (not medically necessary) care is not
		21-100 - \$200.00 per day	covered. All admissions, planned and urgent, require
			notification within 24 hrs. or next business day. Each time
			member is admitted to a new SNF stay the copay will apply.
Skilled nursing facility (SNF)		20% coinsurance	Part B (outpatient) coinsurance and benefit limits apply.
inpatient care (Part B)			
Skilled nursing facility (SNF) Blood		No blood deductible	
		0% coinsurance	
Sleep Studies	No.	20% coinsurance	
Smoking and tobacco use		0% Coinsurance	• Contact Optum at 1-866-784-8454 (1-866-QUIT-4-LIFE).
cessation			No disease - 8 sessions per calendar year
			Disease related - 8 sessions per calendar year
Sterilization Reversal (Exclusion)	Not Covered	Not Covered	Reversal of sterilization procedures and non-prescription
			contraceptive supplies.
Specialist Physician Care/Services		*\$40.00 copay for E & M	20% coinsurance for all other services.
(does not apply to psychiatrists,		service.	*Zero copay when primary diagnosis is diabetes for
mental health, lab or radiology)			endocrinologist
			*Zero copay when primary diagnosis is COPD for pulmonologist.
			*Zero copay when primary diagnosis is CHF for cardiologist.
			*See Eye Exam – Medicare Covered - for Retinal Exam benefit
Telemedicine, Telehealth (Virtual		Must meet Original	Covered. Must meet Original Medicare criteria.
care)		Medicare criteria.	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Telemedicine, Telehealth (Virtual		Member cost share same	
care) - Supplemental		as in-person cost shares	
		for: Urgently Needed	
		Services; Primary Care	
		Physician Services;	
		Physician Specialist	
		Services; Individual and	
		Group Sessions for Mental	
		Health Specialty Services;	
		Individual and Group	
		Sessions for Psychiatric	
		Services; Individual and	
		Group Sessions for	
		Outpatient Substance	
		Abuse.	
Transplant Evaluation/Work-Up	See Prior Authorization List and	Labs 0%	
	Procedure Code Look Up Tool.	Other professional	
		services, related copays or	
		coinsurance applies.	
Transplant	See Prior Authorization List and	20% coinsurance	Corneal transplant does not require prior authorization (PA),
	Procedure Code Look Up Tool.		other transplants do require PA. All admissions, planned and
	1		urgent, require notification within 24 hrs. or next business day.
Transportation SEE AMBULANCE	See Ambulance	See Ambulance	See Ambulance
Unlisted Codes with Charge	Yes		Unlisted codes is the actual, AMA description of the service.
Greater Than \$250.00			Medical necessity documentation and pricing must be
			submitted with the request.
			Example: 43499, Unlisted procedure, esophagus.



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Urgently needed care		\$0 copay for evaluation	
		and management (E & M)	
		service	
		20% coinsurance for all	
		other services	
Vision Care SEE EYE EXAM AND	See Eye Exam and Eye Wear	See Eye Exam and Eye	See Eye Exam and Eye Wear
EYE WEAR		Wear	
Welcome to Medicare Preventive		\$0 copay	1 visit lifetime max within 12 months of Part B effective date.
Visit (Initial Preventive Physical			For planned preventive services that become diagnostic during
Exam/IPPE or Annual Wellness			the screening, cost sharing may apply. If greater than 12
Visit/AWV)			months from the effective date and did not receive a Welcome
			Exam see Annual Physical Exam
Wig (DME)	Yes if +\$500.00	20% coinsurance	Must be medically necessary and meet criteria to covered by
			Medicare.
Lung Cancer Screening		\$0 copay	Limited to ages 55 through 77, once per year.
FITNESS BENEFIT			Membership at participating fitness centers or 2 Home Fitness
			Kits per year:
			Includes:
			Access to Silver& Fit website including The Silver Slate
			newsletter, healthy aging education program, motivational tips
			and rewards.
			• 34 Home Fitness Kits to choose from
			• Single fitness center access; can be changed once per month.
			Customer Service, open Monday through Friday, 5 AM
			through 6 PM PST
			• Tele. 1-877-427-4788



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
			Only for members who have symptomatic peripheral artery
			disease (PAD). No referral is required. The SET provider must
Supervised Exercise Therapy (SET)		20% coinsurance	meet Medicare requirements.
			Covered up to 36 sessions over a 12-week period if all of the
			components of a SET program are met.
Medicare Diabetes Prevention		No Cost Shares	Provider must be enrolled in Medicare as an MDPP supplier to
Program (MDPP)			bill for MDPP services.
			Therapeutic exercise-training program for PAD.
			Conducted in a hospital outpatient setting, or a physician's
			office
			Delivered by qualified auxiliary personnel necessary to ensure
			benefits exceed harms, and who are trained in exercise therapy
			for PAD
Pulmonary rehabilitation services		20% Coinsurance	Medicare covers 2 sessions per day (1 hour each), up to 36
			sessions. Prior Authorization required after 36 sessions.
Transgender Services		Cost share determined by	The procedure code must be covered by Original Medicare with
		service, e.g. outpatient	an allowed amount on the Medicare fee schedule. The PCLT can
		hospital copay, specialist	be referenced for covered codes and prior authorization
		visit, etc.	requirements: https://forms.chpw.org/pclt.
Health and Wellbeing		0% coinsurance	12 visit limit which is a combination of visits from
			Acupuncturists, Naturopaths and Chiropractor visits not
			covered by Medicare. Massage therapy is not covered. X-rays
			performed by Chiropractor are not covered.
Member Total Out-of-Pocket		\$8,850.00	
(MOOP)			



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Alternative Medicine:* 2023 name		0% coinsurance	New limit: 12 visit limit which is a combination of visits from
change to Health and Well Being,			Acupuncturists, Naturopaths and Chiropractor visits not
Acupuncture and Naturopathy,			covered by Medicare. Massage therapy is not covered. X-rays
Non-Medicare Chiropractor			performed by Chiropractor are not covered.
Health and Well Being,		0% coinsurance	New limit: 12 visit limit which is a combination of visits from
Acupuncture and Naturopathy,			Acupuncturists, Naturopaths and Chiropractor visits not
Non-Medicare Chiropractor			covered by Medicare. Massage therapy is not covered. X-rays
			performed by Chiropractor are not covered.