

Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Abdominal Aortic Aneurysm		\$0 copay	For planned preventive services that become diagnostic during
Screening			the screening, cost sharing may apply.
Acupuncture - Medicare Covered		20% coinsurance	Medicare criteria must be met.
for Chronic Back Pain			• Up to 12 visits in 90 days.
			8 additional sessions will be covered if improvement is
			demonstrated from the initial 12 visits
			No more than 20 visits in a calendar year.
Alternative Medicine: acupuncture,		0% coinsurance	25 visit limit which is a combination of visits from Acupuncturists,
chiropractic, massage therapy,			Massage Therapists, Naturopaths and Chiropractor visits not covered
naturopathy			by Medicare. X-rays performed by a Chiropractor are not covered.
* New Name for Alternative			(Now called Health and Wellbeing)
Medicine, 2023 Health and			
Wellbeing			
-			
AIR Ambulance (Non-emergency)	Yes	\$350.00 copay per one-way trip	Covered, provided Medicare criteria are met.
<u>(</u>		years sapa, per and may mp	
Ambulance (Emergency)		\$350.00 copay per one-way trip	Covered, including air ambulance, provided Medicare criteria
,			are met.
Ambulance (Non-Emergency)		\$350.00 copay per one-way trip	Covered, provided Medicare criteria are met.
Anesthesiologist (Anesthesia)		\$0 copay	For professional services.
Annual Wellness Visit/AWV (Also,		\$0 copay	All Medicare members who are no longer within 12 months
see Welcome to Medicare		, copu,	after the effective date of their first Medicare Part B coverage
Preventive Visit)			period and who have not received a Welcome to Medicare Visit
Treventive visity			(AWV or Initial Preventive Physical Exam/IPPE) within the past
			12 months
Bone mass measurement (Bone	PA Required if more often than	\$0 copay	For planned preventive services that become diagnostic during
Density)	once every 2 years.	. ,	the screening, cost sharing may apply. CMS limitations apply,
	, , ,		every 2 years; or more frequently if medically necessary.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Breast cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(mammograms, mammography)			the screening, cost sharing may apply.
			 One baseline mammogram between the ages of 35 and 39
			 One screening mammogram every 12 months for age 40 and
			older
			Clinical breast exams once every 24 months
Cardiac rehabilitation services	See Prior Authorization List and	20% Coinsurance	Medicare covers 2 sessions per day (1 hour each), up to 36
	Procedure Code Look Up Tool.		sessions.
Cardiovascular disease risk		\$0 copay	For planned preventive services that become diagnostic during
reduction visit			the screening, cost sharing may apply.
Cardiovascular disease testing		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Cervical and vaginal cancer		\$0 copay	For planned preventive services that become diagnostic during
screening (Pap tests, pelvic exams)			the screening, cost sharing may apply.
			• All women: Every 24 months
			High risk of cervical cancer or abnormal pap: Every 12 months
Chiropractic services (Medicare	Yes, for more than 12 visits	\$20.00 copay	Only manual manipulation to correct subluxation. Massage
covered)	, , , , , , , , , , , , , , , , , , , ,		therapy not covered. Per CMS x-rays billed by a chiropractor are
,			not covered. X-rays are covered if performed by Radiologist.
			Also See supplemental benefit Health and Wellbeing.
Clinical Trials	Yes		



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Colorectal cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(Colonoscopy, Sigmoidoscopy)			the screening, cost sharing may apply.
			For age 50 and older:
			• Sigmoidoscopy every 48 months
			 Fecal occult blood test, every 12 months
			For at high risk of colon cancer:
			• Screening colonoscopy every 24 months
			Not at high risk of colon cancer:
			 Screening colonoscopy every 10 years (120 months) but not
			within 48 months (2 years) of a screening sigmoidoscopy.
Cosmetic surgery or procedures	Yes and Medicare criteria is met.		Only covered because of an accidental injury or to improve a
(Partial Exclusion)			malformed part of the body. All stages of reconstruction are
			covered for a breast after a mastectomy, as well as for the
			unaffected breast to produce a symmetrical appearance.
Custodial Care (Exclusion)	Not Covered	Not Covered	Custodial care is personal care that does not require the
			continuing attention of trained medical or paramedical
			personnel, such as care that helps with activities of daily living,
			such as bathing or dressing. Custodial care is not medically
			necessary.
Dental Services (Original Medicare	Refer to prior authorization list.	See specific medical services for	Covered services limited to surgery of the jaw or related
Medical Services, Not Routine		related copays and coinsurance.	structures, setting fractures of the jaw or facial bones,
Dental)			extraction of teeth to prepare the jaw for radiation treatments
			of neoplastic cancer disease, or services that would be covered
			when provided by a physician.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Dental Services (Supplemental)		Cost share is anything over the	Unlimited preventive services (exam, cleaning,) with \$500.00
		\$500.00 comprehensive services	comprehensive services max
		maximum.	
Depression serconing		Ć0 conov	For planned preventive services that become diagnostic during
Depression screening		\$0 copay	
Diabetes screening		\$0 copay	the screening, cost sharing may apply. For planned preventive services that become diagnostic during
Diabetes screening		уо сорау	the screening, cost sharing may apply.
Diabetes self-management training,	Prior auth required when glucose	\$0 cost share	No cost share:
diabetic services and diabetes	monitor, shoes or inserts (orthotics)	• • • • • • •	Blood glucose monitor
supplies (DME)	greater than \$500.00	a referral.	Blood glucose strips
Supplies (DIVIL)	greater than \$300.00	a referral.	• Lancet devices
			Glucose-control solutions for checking accuracy of strips and
			monitor
			One pair of diabetic shoes per calendar year
			2 sets of shoe inserts (orthotics) covered per calendar year
			(diabetic)
			(MIGNETIC)



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Durable medical equipment (DME)	Some DME requires prior	*20% Coinsurance	Covered, provided Medicare criteria are met. DME includes,
and related supplies	authorization, check procedure		wheelchairs, hospital beds, walkers,oxygen. *When primary
	codes for details. All DME with a		diagnosis is COPD the coinsurance is zero.
	purchase price greater than		
	\$500.00 allowed amount requires		
	prior authorization.		
Emergency care (Emergency Room,		\$95.00 (facility) copay for ER visit	\$90.00 copayment waived if admitted as inpatient within the
ER)			same hospital within 24 hrs.
Emergency care (ER Physician		0% coinsurance	
Service)			
Emergency care: Supplemental		20% Coinsurance	\$25,000.00 Maximum - ER coinsurance is not waived if admitted
World-wide - Facility and			to hospital. Amount paid does NOT count toward your
Professional Services			maximum-out-of-pocket (MOOP) amount.
Enteral Feedings, Tube Feedings	Yes	20% Coinsurance	
(Infusion Therapy, DME)			
Enteral Formula (Infusion Therapy,	Yes	20% Coinsurance	
DME)			
Eye exam - Medicare Covered		*20% Coinsurance	Exams to diagnose diseases and conditions of the eye covered
(medical vision disease)			by Medicare. *When the primary diagnosis is diabetes for a
			retinal exam and the exam is performed by an endocrinologist
			or ophthalmologist, the coinsurance is zero. If provider is not
			participating, then plan approved referral is required.
Eye exam - Routine Vision (VSP		In network \$0 copay	Through VSP - One WellVision exam every year. Members must
Advantage)			use the VSP Advantage Network for in-network benefits. Out of
			network - \$45.00 is allowed toward the cost of the exam.
Eye Wear - Medicare covered (Post		20% Coinsurance	Covered, provided Medicare criteria are met. One pair of
Cataract Vision Surgery)			eyeglasses or contact lenses includes insertion of an intraocular
			lens after each surgery.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Eye Wear - Prescription Contacts,		■ ■ Vailable every 2 years.	Members must use the VSP Choice Network for in-network
frames, vision lenses, upgrades (VSP		In VSP Choice network	benefits. Out of network - Any amount over the out of network
Choice)		● Erame or contact lenses instead of	annual allowance is patient responsibility.
		glasses - \$150.00 every year	• Frame, \$70 allowed toward costs.
		allowed toward cost.	Contact lenses (in lieu of lenses and frame) \$105.
		• In VSP Choice network - Lenses	• Single vision Lenses - up to \$30
		(for glasses) - \$0 copay for the	• Lined bifocal - up to \$50
		following lenses:	• Lined trifocal - up to \$65
		o Single Vision	• Lenticular - up to \$100
		o Lined bifocal	• Progressive - up to \$50
		o Lined trifocal	
		o Lenticular	
		• Lens enhancements not included	
		in the \$0 copay. Lens	
		enhancements are member's	
		responsibility. Average 30% savings	
		on lens and enhancements.	
Eye and Vision Services Not		Not Covered. See Additional	Radial keratotomy not covered
Covered by Medicare (Exclusions)		Information	LASIK surgery not covered
			Vision Therapy not covered
			Low Vision Aids not covered
Genetic Testing Not Related to Pregnancy	Yes	20% Coinsurance	
Hearing exam (Medicare covered-to		20% Coinsurance	Covered, provided Medicare criteria are met. Routine hearing
diagnose and treat specific diseases			exams, hearing aids, and hearing aid fittings are not covered by
and conditions-)			Medicare.
Hearing exam (Routine not covered	Not Covered	Not Covered	Not Covered
by Medicare) Exclusion			
Hearing services (hearing aid	Not Covered	Not Covered	Not Covered
fittings, hearing aids) Exclusion			
HIV screening		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Home health agency care	Required for Home Health Services.	\$0 coinsurance	20% coinsurance for durable medical equipment (DME) still
	Services related to the Home Health		applies when related to Home Health services.
	care may also require prior		
	authorization, for example		
	medication, enteral nutrition.		
	Review Prior Authorization list for		
	related services.		
Homemaker Services - See Family	Homemaker Services - See Family	Homemaker Services - See Family	Services include basic household assistance, light housekeeping
on Demand, New Supplemental	on Demand, New Supplemental	on Demand, New Supplemental	or light meal preparation. (Not bathing, dressing, etc.)
Benefit	Benefit	Benefit	
Hospice care (inpatient and home)	No.		You pay nothing for hospice care from a Medicare certified
			hospice. You may have to pay part of the cost for drugs and
			respite care. Hospice is covered outside of our plan.
Hyperbaric oxygen treatment	Yes	20% Coinsurance	
Immunizations		\$0 Coinsurance	Covered:
			- pneumonia
			- influenza (flu shot)
			- Hepatitis B
			- COVID-19
			- Other vaccines if at risk and meet Original Medicare Part B
			coverage rules
			*Shingles vaccine (Zostavax) is covered under pharmacy - Part D
			Benefit*
Infusion Therapy, Home Infusion	Not Required for Infusion Therapy	20% coinsurance	Not Required for Infusion Therapy Services. Services related to
Therapy	Services. Services related to the		the Infusion Therapy care may require prior authorization, for
	Infusion Therapy care may require		example medication, enteral nutrition. Review Prior
	prior authorization, for example		Authorization list for related services.
	medication, enteral nutrition.		
	Review Prior Authorization list for		
	related services.		
1			



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Injections, Injectable drugs	See Prior Authorization (PA) List	20% Coinsurance	Covered, provided Medicare criteria are met. Includes
(Prescription drugs Medicare Part B	Note: All Unclassified biologics		chemotherapy related drugs, drugs related to home dialysis,
medical benefits)	(J3590) require a prior		B12, etc.
	authorization.		
Inpatient hospital Blood (including		No Blood Deductible	Coverage begins with the first pint of blood needed. Includes
inpatient skilled nursing		0% coinsurance	storage and administration. The patient is responsible for any
facility/SNF)			other applicable coinsurance amounts.
Outpatient Blood		No Blood Deductible	Coverage begins with the fourth pint of blood needed. Coverage
		0% coinsurance	of storage and administration begins with the first pint of blood
			needed. The patient is responsible for any other applicable
			coinsurance amounts.
Inpatient hospital (acute) care	Yes	Days:	All admissions, planned and urgent, require notification within
		1-4 - \$450.00 per day	24 hrs. or next business day. Each time a member is admitted
		5-90 - \$0 per day	for a new inpatient stay the copay will apply. Plan covers 90
			days for an inpatient stay.
Inpatient Professional Services		20% Coinsurance	
Inpatient Hospital (facility) mental	Yes	Days:	All admissions, planned and urgent, require notification within
health, psychiatric, psychiatrist)-		1-5 - \$310.00 per day	24 hrs. or next business day. Each time a member is admitted
care		6-90 - \$0 per day	for a new inpatient stay the copay will apply. Not psychiatric
			hospital, same cost shares as acute care. Plan covers 90 days for
			an inpatient stay. 190-day lifetime limitation in a psychiatric
			facility. This limitation does not apply to inpatient psychiatric
			services furnished in a general hospital.
Inpatient rehabilitation services	Yes	Days:	All admissions, planned and urgent, require notification within
(physical, speech, occupational		1-4 - \$450.00 per day	24 hrs. or next business day. Each time a member is admitted
therapies)		5-90 - \$0 per day	for a new inpatient stay the copay will apply. Same cost shares
			as acute care.
Inpatient services covered during a non-covered inpatient stay		20% coinsurance	Covered, provided Medicare criteria are met.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Inpatient substance abuse	Yes	Days:	All admissions, planned and urgent, require notification within
		1-5 - \$450.00 per day	24 hrs. or next business day. Same cost shares as acute care.
		6-90 - \$0 per day	
		Over 90 - \$0 per day	
Kidney disease and conditions	NO. Effective 01/01/2016	20% coinsurance	
(Hemodialysis, Dialysis, End Stage	Notification is required.		
Renal Disease/ESRD)			
Kidney disease education (on	No.	0% cost share	Medicare covers 6 sessions of kidney disease education per
dialysis)			lifetime per Medicare.
Mastectomy related bras and	If over \$500.00	20% cost share	
supplies (DME)			
Meal, Meals Benefit		0% cost share	Meals can be delivered to the home upon discharge from a
(Supplemental)			hospital or skilled nursing facility. 2 meals per day up to 14 days
			after discharge, up to 6 occurrences per year. Meals to dine
			with members that are inpatient are not covered.
Medical nutrition therapy	No	0% cost share	Education for people with diabetes, kidney disease (patient not
education			on dialysis) post kidney transplant. 3 hrs. for first year. 2 hrs.
			each year after the first year.
Nurse Advice Line		0% cost share	24 hour nurse hotline available: 1-866-418-1002 or TTY 1-866-
			418-1006
Obesity screening and obesity		0% cost share	Covered, provided Medicare criteria are met, e.g., body mass
(counseling) therapy			index (BMI) of 30 or more, etc.
Organ (Living) Donation	Yes	20% coinsurance	All admissions, planned and urgent, require notification within
(Transplant)			24 hrs. or next business day.
Orthotics (Supportive Devices for	Only covered for diabetic foot	\$0 cost share	• 2 sets of shoe inserts (orthotics) covered per calendar year
feet)	disease.		only for diabetic foot disease.
	Prior auth required for orthotics		
	(shoe inserts) greater than \$500.00.		
	, , , , , , , , , , , , , , , , , , , ,		



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Outpatient diagnostic tests and	Some require prior authorization.	0% Medicare covered lab	
therapeutic services (lab, radiology,	Check PA List and Procedure Codes	\$15 copay x-ray outpatient facility	
x-ray)	for more details.	fee does not include scans (CT, MRI,	
		PET, etc.) Does not include	
		professional fees.	
		20% Other diagnostic procedures	
		(includes scans)	
Outpatient hospital services,	See Prior Authorization (PA) List	\$365.00 copay outpatient facility	
includes Observation		fee maximum. Does not include	
		professional services.	
Outpatient mental health (not		\$30 copay	Copay the same for group therapy. Must be Medicare eligible
psychiatrist)			provider. Per CMS, some 'counselors' are not eligible to perform
psychiatristy			services for Medicare and Medicare Advantage members.
Outpatient psychiatrist care		20% coinsurance	Copay the same for group therapy.
Outpatient rehabilitation services	Prior authorization required after	\$40 copay	12 visits allowed for each type of therapy. 12 PT, 12 OT and 12
(physical,PT, speech, ST,	initial 12 visits.		ST. Prior Authorization is required for additional visits after the
occupational therapy,OT)			initial 12 visits. Evaluation and reevaluation is separate from the
			12 visits.
Outpatient substance abuse	Yes	20% coinsurance	Opioid Treatment Services, to allow codes G2067 through
services			G2080, the provider must be certified with SAMSAH and
			enrolled with Medicare.
Outpatient surgery, ambulatory	See Prior Authorization (PA) List	\$365.00 copay outpatient facility	
surgical centers (ASC)		fee maximum. Does not include	
		professional services.	
Over the Counter (OTC)	Not Covered by Original Medicare,		
medication/pharmacy	see OVER-THE - COUNTER (OTC)		
	MAIL ORDER for Supplemental		
	Benefit		
Partial hospitalization service		20% coinsurance	Must be Medicare eligible provider. Per CMS, some 'counselors'
(intensive outpatient mental health			are not eligible to perform services for Medicare and Medicare
services)			Advantage members.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Primary Care Physician (PCP) office		*\$0 copay for PCP E & M service	*Zero copay when primary diagnosis is diabetes
visits		20% coinsurance for all other	*Zero copay when primary diagnosis is COPD
		services	*Zero copay when primary diagnosis is CHF
Physical Exam, See Welcome to		See Welcome to Medicare	See Welcome to Medicare Preventive Visit and Annual Wellness
Medicare Preventive Visit and		Preventive Visit and Annual	Visit
Annual Wellness Visit		Wellness Visit	
Podiatry Services (Foot Care) When		No copay \$0.00	4 visits each year - Not limited to Medicare covered diagnosis
Not Covered by Medicare		0% Coinsurance	codes. NEW, when the primary care is Diabetes an additional 4
(Supplemental Benefit)			visits each year for a total of 8 Non-Medicare covered visits.
			The specialist copay does not apply to podiatrists for these
			services.
Podiatry Services (Foot Care)		No copay \$0.00	Limited to Medicare covered diagnosis codes.
Medical Medicare Covered		0% Coinsurance	The specialist copay does not apply to podiatrists for these
			services.
Prescription drugs Medicare Part B	See Prior Authorization (PA) List	20% coinsurance	Includes chemotherapy related drugs, drugs related to home
medical benefits (injectable drugs,			dialysis, etc.
injections)			
Prescription drugs Medicare Part D		Pharmacy Part D is covered.	Over the counter (OTC) not covered
pharmacy benefit (drug list,			
formulary)			
Prostate cancer screening exams		\$0 copay	For planned preventive services that become diagnostic during
(PSA)			the screening, cost sharing may apply.
			For men over age 50:
			• Every 12 months: Digital rectal exam
			• Every 12 months PSA test
Prosthetic devices and related	See Prior Authorization (PA) List	20% coinsurance	
supplies (DME)			



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Pulmonary rehabilitation services	See Prior Authorization List and Procedure Code Look Up Tool.	20% coinsurance	Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and a referral for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.
Screening and counseling to reduce alcohol misuse		\$0 copay	For planned preventive services that become diagnostic during the screening, cost sharing may apply.
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs		\$0 copay	For planned preventive services that become diagnostic during the screening, cost sharing may apply.
Shoes, Diabetic- SEE Diabetes self- management training, diabetic services and diabetes supplies (DME)			
Shoes, Orthopedic/Prosthetic with Braces (DME)	Yes, greater than \$500.00	20% coinsurance	Limited coverage. Prosthetic/Orthopedic Shoes that are part of a leg brace are covered and included in the cost of the leg brace.
Skilled nursing inpatient facility (SNF) care (Part A)	Yes	Days: 1-20 - \$ 00.00 per day 21-100 - \$160.00 per day	No (zero) acute inpatient hospital days required prior to SNF admission. Custodial (not medically necessary) care is not covered. All admissions, planned and urgent, require notification within 24 hrs. or next business day. Each time member is admitted to a new SNF stay the copay will apply.
Skilled nursing facility (SNF) inpatient care (Part B)		20% coinsurance	Part B (outpatient) coinsurance and benefit limits apply.
Skilled nursing facility (SNF) Blood		No blood deductible 0% coinsurance	
Sleep Studies	No.	20% coinsurance	
Smoking and tobacco use cessation		0% Coinsurance	 Contact Optum at 1-866-784-8454 (1-866-QUIT-4-LIFE). No disease - 8 sessions per calendar year Disease related - 8 sessions per calendar year
Sterilization Reversal (Exclusion)	Not Covered	Not Covered	Reversal of sterilization procedures and non-prescription contraceptive supplies.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Specialist Physician Care/Services		*\$40 copay for E & M service	*Zero copay when primary diagnosis is diabetes for
(does not apply to psychiatrists,		20% coinsurance for all other	endocrinologist
mental health, lab or radiology)		services	*Zero copay when primary diagnosis is COPD for pulmonologist.
			*Zero copay when primary diagnosis is CHF for cardiologist.
			*See Eye Exam – Medicare Covered - for Retinal Exam benefit
Telemedicine, Telehealth (Virtual		Must meet Original Medicare	Covered. Must meet Original Medicare criteria.
care)		criteria. Member cost share same as in-	Medicare criteria does not have to be met.
Telemedicine, Telehealth (Virtual			iviedicare criteria does not have to be met.
care) - Supplemental		person cost shares for: Urgently	
		Needed Services; Primary Care	
		Physician Services; Physician	
		Specialist Services; Individual and	
		Group Sessions for Mental Health	
		Specialty Services; Individual and	
		Group Sessions for Psychiatric	
		Services; Individual and Group	
		Sessions for Outpatient Substance	
		Abuse.	
Transplant Evaluation/Work-Up	Yes	Labs 0%	
		Other professional services, related	
		copays or coinsurance applies.	
Transplant	Yes except for corneal transplants	20% coinsurance	Corneal transplant does not require prior authorization (PA),
Halispialit	Tes except for confical transplants	20/0 Comburance	other transplants do require PA. All admissions, planned and
			urgent, require notification within 24 hrs. or next business day.
Transportation SEE AMBULANCE	See Ambulance	See Ambulance	See Ambulance



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Unlisted Codes with Charge Greater	Yes		Unlisted codes is the actual, AMA description of the service.
Than \$250.00			Medical necessity documentation and pricing must be
			submitted with the request.
			Example: 43499, Unlisted procedure, esophagus.
Urgently needed care		\$10 copay for evaluation and	
		management (E & M) service	
		20% coinsurance for all other	
		services	
Vision Care SEE EYE EXAM AND EYE	See Eye Exam and Eye Wear	See Eye Exam and Eye Wear	See Eye Exam and Eye Wear
WEAR Welcome to Medicare Preventive		\$0 copay	1 visit lifetime max within 12 months of Part B effective date.
Visit (Initial Preventive Physical		30 сорау	For planned preventive services that become diagnostic during
Exam/IPPE or Annual Wellness			the screening, cost sharing may apply. If greater than 12 months
Visit/AWV)			from the effective date and did not receive a Welcome Exam
VISIT/AWV)			see Annual Physical Exam
Wig (DME)	Yes if +\$500.00	20% coinsurance	Must be medically necessary and meet criteria to covered by
			Medicare.
Lung Cancer Screening		\$0 copay	Limited to ages 55 through 77, once per year.
FITNESS BENEFIT		\$0 copay	Membership at participating fitness centers or 2 Home Fitness
			Kits per year:
			Includes:
			 Access to Silver& Fit website including The Silver Slate
			newsletter, healthy aging education program, motivational tips
			and rewards.
			• 34 Home Fitness Kits to choose from
			• Single fitness center access; can be changed once per month.
			 Customer Service, open Monday through Friday, 5 AM
			through 6 PM PST
			• Tele. 1-877-427-4788



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
			Only for members who have symptomatic peripheral artery
			disease (PAD). No referral is required. The SET provider must
Supervised Exercise Therapy (SET)		20% coinsurance	meet Medicare requirements.
			Covered up to 36 sessions over a 12-week period if all of the
			components of a SET program are met.
Medicare Diabetes Prevention		No Cost Shares	Provider must be enrolled in Medicare as an MDPP supplier to
Program (MDPP)			bill for MDPP services.
			• Therapeutic exercise-training program for PAD.
			 Conducted in a hospital outpatient setting, or a physician's
			office
			• Delivered by qualified auxiliary personnel necessary to ensure
			benefits exceed harms, and who are trained in exercise therapy
			for PAD
Pulmonary rehabilitation services	See Prior Authorization List and	20% Coinsurance	Comprehensive programs of pulmonary rehabilitation are
	Procedure Code Look Up Tool.		covered for members who have moderate to very severe
			chronic obstructive pulmonary disease (COPD) and a referral for
			pulmonary rehabilitation from the doctor treating the chronic
			respiratory disease.
Transgender Services		Cost share determined by service,	The procedure code must be covered by Original Medicare with
		e.g. outpatient hospital copay,	an allowed amount on the Medicare fee schedule. The PCLT can
		specialist visit, etc.	be referenced for covered codes and prior authorization
			requirements: https://forms.chpw.org/pclt.
Member Total Out-of-Pocket (MOOP)		\$7,900.00	
Health and Wellbeing		No Cost Share	New: 25 visit limit which is a combination of visits from
			Acupuncturists, Massage Therapists, Naturopaths and
			Chiropractor visits not covered by Medicare. X-rays performed
			by a Chiropractor are not covered.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Family on Demand		No Cost share	60 hours of assistance per year
			●Bompanionship such as playing board games and having
			conversations, watching a movie, and taking a walk.
			●Assistance around the house with light cleaning, laundry, and
			cooking/meal prep.
			●Everyday tasks such as grocery shopping, taking them to and
			from the store, and picking up prescription refills.
			•NOT Home Nursing care, bathing, dressing, etc.
OVER-THE - COUNTER (OTC) MAIL		All costs over \$25.00	Orders are limited to 1 shipment per month (can include
ORDER Supplemental Benefit			multiple items)
			• Limited to \$25.00 allowance only, per month , no cash, checks
			or credit card payment accepted for amounts over \$25.00 (per
			month).
			• Items can be ordered:
			o on-line - https://shopping.drugsourceinc.com/
			o by phone at 1-877-603-0402