

PERSONAL MEDICATION LIST FOR <Beneficiary Name>, DOB: <Beneficiary DOB>

This medication list was made for you after we talked. We also used information from prescription claims data.

- Use blank rows to add new medications. Then fill in the dates you started using them.
- Cross out medications when you no longer use them. Then write the date and why you stopped using them.
- Ask your doctors, pharmacists, and other healthcare providers in your care team to update this list at every visit.

Keep this list up-to-date with:

- □ prescription medications
- \Box over the counter drugs
- □ herbals
- □ vitamins
- □ minerals

If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers too.

DATE PREPARED:

Allergies or side effects:

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

PERSONAL MEDICATION LIST FOR <Beneficiary Name>, DOB: <Beneficiary DOB>

| (Continued) | |
|--------------------------|--------------------------|
| Medication: | |
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

PERSONAL MEDICATION LIST FOR <Beneficiary Name>, DOB: <Beneficiary DOB>

Medication:How I use it:Why I use it:Date I started using it:Date I stopped using it:

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

| Medication: | |
|--------------------------|--------------------------|
| How I use it: | |
| Why I use it: | Prescriber: |
| Date I started using it: | Date I stopped using it: |
| Why I stopped using it: | |

Other Information:

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